



4 November 2009

Companies Announcement Office
Australian Securities Exchange Limited
10th Floor, 20 Bond Street
SYDNEY NSW 2000

Dear Sir,

APPROVAL FOR PRE-DRILLING SITE SURVEY – PEP11 OFFSHORE SYDNEY BASIN

MEC Resources (ASX:MMR) is pleased to advise that investee company Advent Energy Ltd (“Advent”) has received approval from the New South Wales Department of Primary Industry (NSW DPI) for the pre-drilling site survey in the offshore Sydney Basin petroleum exploration permit PEP11.

Advent, through wholly owned subsidiary Asset Energy Pty Ltd, was required to submit an Environmental Plan (EP) to the NSW DPI for its proposed exploration activities in PEP11.

The NSW DPI has subsequently advised that the geophysical site survey component of the EP has been accepted, pursuant to the Commonwealth *Petroleum (Submerged Lands) (Management of Environment) Regulations 1999*.

About MEC Resources

ASX listed MEC Resources (ASX: MMR) invests into exploration companies targeting potentially large energy and mineral resources. The Company has been registered by the Australian Federal Government as a Pooled Development Fund enabling most MEC shareholders to receive tax free capital gains on their shares and tax free dividends.

About Advent Energy

Advent Energy Ltd is an unlisted oil and gas exploration company. Advent holds a strong portfolio of exploration and near-term production assets throughout Australia. Advent’s cornerstone project lies off the coast of NSW in Petroleum Exploration Permit 11 (PEP11), and has been estimated to comprise up to 16.3 Tcf (P10 or ‘high’ level) prospective recoverable gas resources.

Yours faithfully,

A handwritten signature in black ink that reads "D. Breeze". The signature is fluid and cursive, with a large initial "D" and "B".

David Breeze
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Notes:

In accordance with ASX listing requirements, the geological information supplied in this report has been based on information provided by geologists who have had in excess of five years experience in their field of activity.